



Welcome to USDV U Dance!

How great that you have decided to join the U Dance try-out classes! This folder will provide you with more information about our organisation. It includes information about the current board, the candidate board, valuable websites, email addresses and information on the committees. If you still have more questions or want to sign up for a committee? Then feel free to approach one of the board or candidate board members who would be happy to help.

I just wanna feel... U Dance!

Activities

Next to the classes in ballroom dancing and salsa, U Dance has a lot to offer! During the introduction month (for which the acronym is KMM in dutch) there is the opportunity to meet all the (new) members of our organisation. The introduction month will take place in October and will be full of fun activities and drinks. There will also be a starting day during which the new members will learn everything about U Dance that they need to know. Don't worry, there aren't any extreme activities. We simply enjoy having fun and dressing up in our organisation's colour: green!

Throughout the year we organise monthly social dances: a fun Friday evening in one of Olympos's dancehalls where the night is filled with dancing and catching up with your fellow U-dancers. For the fanatics, there are also technical classes twice a month for a certain style of dancing to practise a little more or learn some cool new things.

Aside from these set activities, we have many more fun undertakings. We often come together for some drinks, there is a beautiful gala every year, we celebrate the organisation's birthday on U day and we end the year with a graduate dancing day.

And to conclude, at the beginning of the year, a really cool camp will be organised where you can sit around a campfire with all your fellow U-dancers and have a fun and lovely weekend!

Committees

To make sure that our organisation is able to provide all these fun things; we have 7 committees, always looking for new enthusiastic members. Would you enjoy helping out the organisation in your free time? Then quickly have a look into which committee suits you best! If one or more catches your interest, scan the QR code in the hallway or tap a board member on the shoulder. Do you have a great new idea for a committee or activity? Then you can submit it in the idea jar either online or in the hallway!

Activitycommittee (ActCie)

All year round there are activities organised for our members. This includes the yearly valentines post, u day and end-of-year bbq, but the Actcie can also organise much more: Lasergaming, a karaoke night or a movie marathon! Does it sound fun to make your fellow U dancers happy with a year full of fun activities? Sign up now!

Almanak(yearbook)committee (AlmanakCie)

The yearbook is a book full of memories and nostalgia of the past year, full of pictures, facts and fun quotes. If would you like to equip your eyes and ears during the coming year to capture the best moments of our organisation and collect them all in an unforgettable yearbook, then this committee is perfect for you!

Galacommittee (GalaCie)

Every year, a gala is planned where we sway through the ballroom in our most beautiful clothes during a waltz, or our feet come off the floor during an energetic jive. This gala is organised by the enthusiastic members of the Galacie. Is organising a beautiful gala with a fun group something for you? Then sign up!



Kas(cash)committee (KasCo)

To make sure that no mistakes sneak by in the finances of U Dance, the KasCo double-checks them. This committee consists of people who know, or want to learn, about finances. Is this something you have or want experience in? Then this is really something for you!

Kikkervis(tadpole)committee (KikkervisCie)

The KikkervisCie organises, primarily at the start of the year, fun activities for new members to get to know the organisation and other members better. They are very active during the introduction month (KMM) and they organise the U Dance camp. Does it seem great to collaborate with friends on fun activities and help organise the camp? Then quickly sign up!

PR-committee (PR-Cie)

This is a committee that, as the name suggests, offers support to the PR-external of U Dance. You will work together on things such as sponsoring, promoting U Dance during the UIT and the organisation of workshops. Do you have a big heart for U Dance and want to learn what is involved in the promotion of the organisation? Then you are very welcome to this committee!

Spelletjes(games)committee (SpelletjesCie)

This committee is formed as a result of the ideas entered in the idea jar. They organise game afternoons and/or nights. As such, we often played Dancing & Dragons. Are you also a game fanatic? Then join this committee!

Websitecommittee (WebCie)

Last but not least, we have the Webcie. This committee concerns itself with the U Dance website and other helpful digital components such as the registration system. Is IT your thing, or are you eager to learn more and get experience dealing with web technology? Then the Webcie is perfect for you!



ALV's

On Monday, 3 October, our first General Member's Assembly (ALV in dutch) will be held. During the ALV, important decisions that the board must make together with the members, are discussed. During this first meeting of the dancing year, the switching of the board will take place. The new board will then, along with their plans for the coming year, be voted in by the members. So if you would like to be involved as a member of the organization and have an influence on big decisions? Then come and attend the ALV on 3 October. The candidate board would love if a lot of new members of U Dance are there to support them in becoming the full-fledged board!

Practical information

Make sure that you are on time for your lessons. Then, we can use the time we have most efficiently and dance for the longest possible time. If you aren't feeling well or can not dance, it is important to unsubscribe from that lesson and inform your dance partner. You can unsubscribe by sending an email to secretaris@usdvudance.nl. The idea is that you organise a replacement yourself if your partner cannot attend the class with you. You can do this by sending a message in the Whatsapp group. It is then important to mention which level you will be dancing at.

For more questions, you can always email bestuur@usdvudance.nl, contact a board member or, of course, tap a fellow U dancer on the shoulder.

To dance at U Dance you must purchase an Olympas. This Olympas can be purchased in September with a 20% discount! So be nice to your bank account and buy your pass on time.

When you purchase your Olympas, make sure to mention that you are a member of U Dance!

Competitions

Three times a year, an amazing and fun dance competition is organised for, and by, students. Once a Dutch competition named NTDS, and twice a European competition called ETDS. In these three tournaments, the results are considered more a bonus and it is primarily about connections with your fellow dancing students in an easy and fun atmosphere. These competitions are therefore also very accessible for beginning dancers!

Aside from these, there are also a few competition dancers active who represent U Dance at nationwide dancing competitions. For more ins and outs about tournaments and competitions, you can contact one of our team captains (teamcaptain@usdvudance.nl), the competition teamcaptains (wedstrijdteamcaptain@usdvudance.nl) or the board.



Registration

Have you found a perfect dance partner and a fun lesson to follow? Then you can register yourself, from 12 September onwards, on the U Dance website www.usdvudance.nl or through the QR-code hanging in the hallway

Confidential contact persons

Of course we never hope for it, but it can just happen that something happens to you that makes you feel uncomfortable in our association. For this reason we have two confidential contact persons, Megan Mackaaij and Iris Blok. You can come to us if you experience something unpleasant. You can think of bullying, exclusion, (sexually) abusive behaviour or if you have a 'bad feeling'. With us you can tell your story and we can think along about the next steps you could take. You can reach Megan at vcpmegan@usdvudance.nl or 0647886238 and you can reach Iris at vcpiris@usdvudance.nl or 0618086201. If you want to get a reaction as soon as possible, it's best to contact us through whatsapp, but you can also call or email us.



Time to introduce ourselves...

Current board



From left to right:

Saskia van Heerwaarden:

PR internal

Michiel van Heusden: PR external
(function resigned)

Jet Frieling: Chair

Victor Schutijser: Treasurer

Neshome Schaeffer: Vice-treasurer

Marinus van der Laan: Secretary

Candidate board



From left to right:

Noa Hoekstra: PR internal

Jinske op het Veld: Treasurer

Anke van Velsen: Vice-treasurer

Vera van de Kraan : Secretary

Femke Dijkman: Chair

Nika van Wieringen: PR external

Contact info

Website: www.usdvudance.nl
Facebook: USDV U Dance
Besloten FB-groep: U Dancers
Instagram: udanceutrecht
WhatsApp: Ask a board member!

Mailadressen:

Board: bestuur@usdvudance.nl
Secretary: secretaris@usdvudance.nl
Treasurer: penningmeester@usdvudance.nl
PR internal: intern@usdvudance.nl
PR external: extern@usdvudance.nl
Candidate board: kb@usdvudance.nl
Confidential contact person:
vcpmegan@usdvudance.nl
or vcpiris@usdvudance.nl

Adress

Sportcentre Olympos
t.a.v. USDV U Dance
Uppsalalaan 3
3584 CT Utrecht

I just wanna feel... U Dance!





Introduction month (KMM)

4 October	Change ALV
5 October	Starting evening (for new members)
14 October	Technique class Trainings hour
19 October	Pubquiz
28 October	Technique class Social dancing
18-20 November	U Dance camp

Welcome to U
Dance!



I just wanna feel...
U Dance!